

## COUNSELLING SERVICES IN PENANG

| No | Counselling Services   | Tel/Fax  | Contact Person                     | Remarks  |
|----|--|--|------------------------------------|--|
| 1  | Women's Centre for Change (WCC)<br>241, Jalan Burma<br>10350 Penang  | (O) 04-228 0342<br>(F) 04-228 5784<br>(E) <a href="mailto:wcc@wccpenang.org">wcc@wccpenang.org</a><br>(W) <a href="http://www.wccpenang.org">www.wccpenang.org</a>   | Loh Cheng Kooi<br>(Exec. Director) | <ul style="list-style-type: none"> <li>• Gives free counselling and legal advice, provides temporary shelter for women &amp; children</li> <li>• Conducts talks, workshop &amp; training, seminars on child sexual abuse, violence against women, and women's right</li> <li>• Advocacy work for women &amp; children's rights</li> <li>• Mon-Fri 9.00am-6.00pm</li> </ul>   |
|    | Pusat Perkhidmatan Wanita (PPW)<br>67A, Tingkat 1, Jalan Perai Jaya 4,<br>Bandar Perai Jaya , 13600 Perai<br>(Behind Pacific Megamall) | (O) 04-3988340<br>(F) 04- 398 8341<br>(E) <a href="mailto:ppw@wccpenang.org">ppw@wccpenang.org</a>   | Ooi Say Tee<br>(Coordinator)       | <ul style="list-style-type: none"> <li>• PPW is managed by WCC &amp; sponsored by the Penang State Government.</li> </ul>  |
| 2  | Agensi Kaunseling & Pengurusan Kredit (AKPK)<br>Bangunan Bank Negara Malaysia<br>27, Lebu Light<br>10200 Penang                        | Hotline: 1800-88-2575<br>(O) 04-261 2246<br>(F) 04-261 2243<br>(W) <a href="http://www.akpk.org.my">www.akpk.org.my</a>  |                                    | <ul style="list-style-type: none"> <li>• Provides financial counselling and debt management to individuals</li> <li>• Free of Charge, make appointment through online, or walk-in</li> <li>• Mon-Fri 9.00am-5.00pm</li> </ul>  |
| 3  | Agape Counselling Centre Malaysia (Penang Branch)<br>CO-21-UP<br>Kompleks Masyarakat Penyayang<br>Jalan Utama,<br>10450 Penang         | (O) 04-228 0709<br>(H/P) 017-4994236<br>(E) <a href="mailto:agapepenang@yahoo.com">agapepenang@yahoo.com</a><br>(W) <a href="http://www.agapepenang.org.my">www.agapepenang.org.my</a>                       |                                    | <ul style="list-style-type: none"> <li>• Provide counselling services: Family, marriage, teenagers, students</li> <li>• Donation basis</li> <li>• Tue-Sat 9.00am-6.00pm</li> <li>• Type of counseling: face2face, phone, and email</li> </ul>  |
| 4  | Centre for Creative Arts Therapy (CCAT)<br>C014-GF, Kompleks Masyarakat<br>Penyayang, Jalan Utama,<br>11450, Penang.                   | (H/P) 016-490 4688<br>(E) <a href="mailto:centre@creativeartstherapy.org.my">centre@creativeartstherapy.org.my</a><br>(W) <a href="http://www.creativeartstherapy.org.my">www.creativeartstherapy.org.my</a> | June Lim                           | <ul style="list-style-type: none"> <li>• To promote psychological &amp; emotional resiliency; offer skilled therapeutic interventions</li> <li>• For children, youth, adults and elderly to learn, grow and be healed</li> <li>• 1 hour: RM60 (if earning RM3,500/month or household income is over RM7,000/month</li> <li>• can apply subsidy, subsidy of 25%-90% of the standard fee/session for low income</li> <li>• Mon- Sat 9.00am-6.00pm</li> <li>• might need appointment</li> </ul> |
|    | Seberang Perai Branch:<br>11, Lorong Jawa 2,<br>11200 Butterworth  |  | Min See                            |  |
| 5  | Cr8tivity @ Heart<br>53 Westland Road<br>10400 Penang.   | (H/P) 016-490 4688<br>(E) <a href="mailto:centre@creativeartstherapy.org.my">centre@creativeartstherapy.org.my</a>   | Priscilla Ho                       | <ul style="list-style-type: none"> <li>• A non-profit guidance centre to build emotional resilience and facilitate learning through creative arts</li> <li>• Advocacy on mental health of young people</li> <li>• Anti-bullying programme, 'Be A Buddy Not a Bully'</li> </ul>   |

|    |   |  |  |  |
|----|---|--|--|--|
| 6  | Community Aids Service Penang (CASP)<br>No. 2077, MK 10<br>Jalan Pow Nee, Off Jalan Kulim,<br>14000 Bukit Mertajam,<br>Penang   | (O) 04-539 9510/8510<br>(E) <a href="mailto:casp@casp.com.my">casp@casp.com.my</a><br>(W) <a href="http://www.casp.com.my">www.casp.com.my</a>   | P. R. Selvarajan<br>(President)<br><br>Elizabeth<br>Thomas | <ul style="list-style-type: none"> <li>•Acts as a “half-way” home for people living with HIV/AIDS</li> <li>•Involves in public education, counselling, outreach program and support people living with HIV/AIDS.</li> <li>•Mon-Fri 8.00am-5.00pm</li> </ul>  |
| 7  | D’Home Mental Health Asso.<br>66, Lintang Bukit Jambul,<br>11900 Bayan Lepas,<br>Penang.  | (O/ F) 04-6434432<br>(H/P) 012-4251600<br>(E) <a href="mailto:dhomepg@gmail.com">dhomepg@gmail.com</a><br>(W) <a href="http://www.d-home.org.my">www.d-home.org.my</a>   | Ishwary  | <ul style="list-style-type: none"> <li>•Conducts training for family &amp; caregivers of people with serious mental illness and also runs support groups</li> <li>• Mon-Fri 10.00 am- 6.00 pm</li> </ul>   |
| 8  | Unit Kaunseling<br>Hospital Pulau Pinang,<br>Tingkat 2, Blok D,<br>Jalan Residensi<br>10990 Penang  | (O) 04-222 5730  |  | <ul style="list-style-type: none"> <li>•Referral letter needed from doctors</li> <li>•Mon-Fri 8.00am-5.00pm</li> <li>•Provides counselling and therapy on mental health issues, emotional and behavioral difficulties for children and adults</li> </ul>   |
| 9  | Lembaga Penduduk & Pembangunan<br>Keluarga Negara (LPPKN)<br>8875, Jalan Bertam,<br>13200, Kepala Batas, Penang   | (O) 04-5755215<br>(F) 04-5755216   | Pn.Badrizawati   | <ul style="list-style-type: none"> <li>•Provide free marriage and family counselling</li> <li>•Mon-Fri 8.00am-5.00pm</li> </ul>  |
| 10 | Family Health Development<br>Association Penang (FHDA)<br>c/o FPA<br>333, Jalan Perak,<br>11600 Penang<br><br>Klinik FHDA Kampung Kolam<br>16/18, Kampung Kolam,<br>10200 Penang<br><br>Maycare Drop-in Centre<br>18 F Jalan Pegawai,<br>Bukit mertajam<br>Penang | (O) 04-282 5191<br>(F) 04-281 9380<br>(E) <a href="mailto:info@fhdapenang.org">info@fhdapenang.org</a><br>(W) <a href="http://www.fhdapeng.org">www.fhdapeng.org</a><br><br>(O) 04-262 2225<br>(F) 04- 262 2225<br><br>(O) 04-539 1191 | Engie Ng Lai<br>Kin (Manager)                              | <ul style="list-style-type: none"> <li>•Provides clinical service for women in reproductive health.</li> <li>•Conducts training and talks to promote family life.</li> <li>•Provides counselling service and supporting HIV/AIDS patients.</li> <li>•Tues- Sat 8.30am- 5.30pm</li> <li>•Tue, Fri, Sat 8.30am-5.30pm</li> <li>•Wed, Thu 8.30am-10.00pm</li> <li>•Closed on Sunday, Monday and public holidays.</li> <li>•Open to all.</li> <li>•Fees will be applicable.</li> <li>•Tue-Sat 8.30am-6.00pm</li> <li>•Closed on Sunday, Monday and public holidays.</li> </ul> |
| 11 | Women’s Right Awareness Association<br>(WRAA)<br>2401 (First floor),<br>Jalan Kampung Baru<br>14000, Bukit Mertajam<br>Pulau Pinang.  | (O/F) 04 – 530 1958<br>(H/P) 012 – 415 0188<br>(E) <a href="mailto:wraa2counselling@gmail.com">wraa2counselling@gmail.com</a>  | Vanne Lim<br>(Service<br>Coordinator)                      | <ul style="list-style-type: none"> <li>• Provide awareness on human rights.</li> <li>• Provide Counseling services on DV, marital, family issues, parenting and mental health issues.</li> <li>• Provide seminar or courses on self development.</li> <li>• Mon-Fri: 10.001m-5.00pm. Closed on weekends and public holidays.</li> </ul>  |
| 12 | Talian Kasih (Talian Nur)   | Hotline: 15999<br>(W) <a href="http://www.mampu.gov.my">www.mampu.gov.my</a>   |  | <ul style="list-style-type: none"> <li>•Domestic violence, child abuse, rape, and natural disasters reporting</li> <li>• 24/7</li> </ul>   |
| 13 | Than Hsiang Mitra Welfare Association   | Hotline: 04-642 9429   |  | <ul style="list-style-type: none"> <li>•Provides home visit, counselling,</li> </ul>   |

|  |  |  |
|--|--|--|
| 132, Jalan Sultan Azlan,<br>11900, Bayan Lepas, Penang | (O) 04-645 1141<br>(F) 04-642 9420<br>(W)mitra@thansiang.org | welfare support (financial), and social education.<br>•Hotline: Mon-Fri 1.00pm-6.00pm & 7.00-9.00pm,<br>Sat 1.00pm-6.00pm<br>•Office: Mon-Fri 9.00am-5.00pm. |
|--|--|--|

### COUNSELLING SERVICES IN PENANG (PRIVATE PRACTICE)

| No | Counselling Services  | Tel/Fax  | Contact Person   | Remarks   |
|----|---|--|--|---|
| 1  | Counseling Department<br>Hospital Loh Guan Lye<br>19 & 21, Logan Road<br>10400 Penang                                   | (O) 04-238 8781/8786<br>(F) 04-238 8988<br>(E) lsc@lohguanlye.com<br>(W) www.lohguanlye.com                  | Dr. Alex & Ms.<br>Chelsea Peh<br>(Psychology<br>Counsellors)<br><br>Psychiatrist<br>Mr. Law Loo Lee<br><br>Speech Language<br>Pathologist<br>Ms. Ang Siau Thian<br><br>Clinical Psychologist<br>Mr.Alex Ng | <ul style="list-style-type: none"> <li>•First time: RM560 (approx. 2 hours)</li> <li>•Follow-up session: RM250-600 (depends)</li> <li>• Speech language therapy</li> <li>• Counseling</li> </ul>  |
| 2  | NTL Counselling & Care Centre<br>(since 1982)<br>17, Jalan Sg. Ujung<br>10100 Penang                                    | (O) 04-261 4362<br>(H/P) 016-551 0322  | Lau Heng Loon<br>(Psychologist)  | <ul style="list-style-type: none"> <li>•Marital, mental disorder, teenagers, and children problem</li> <li>•Counselling session by appointment</li> <li>•Registration: RM80, every 30 minute: RM70</li> <li>•24/7 by appointment</li> </ul>   |
| 3  | Penang Counselling & Psychology<br>Centre<br>2990-02, 2nd Floor, Complex Chai Leng<br>Jalan Baru,<br>13700 Prai, Penang | (O) 012-7535015<br>(E) <a href="mailto:bjlimkl@yahoo.com">bjlimkl@yahoo.com</a><br>(W)www.pgpcounselling.com | Lim Beng Kang  | <ul style="list-style-type: none"> <li>•Parenting and marital issues, neuroses, teenagers, education, and mental health</li> <li>• Registration: RM50+One hour: RM100</li> <li>•Tues-Sat 10.00am-6.00pm, Sun 11.00am-4.00pm</li> </ul>  |
| 4  | Penang Adventist Hospital<br>465, Burma Road<br>10350 Penang  | (O) 04-222 7778<br>(W)www.pah.com.my   | Dr. Lynne Yong<br>(Psychologist)<br><br>Psychiatrist<br>Dr.Prem Kumar<br><br>Consultant Clinical<br>Psychologist<br>Dr.Lynne Yong  | <ul style="list-style-type: none"> <li>•Counselling and therapy on mental health issues for adults (16 year old and above)</li> <li>•Counseling and psychotherapy services</li> <li>•First time RM250, followed session depends, around RM200-RM600</li> <li>•Mon &amp; Wed 9.00am-6.00pm</li> <li>•Tues &amp; Thur 9.00am-7.30pm</li> <li>•Fri 9.00am-12.00pm</li> </ul> |

|    |  |  |   |  |
|----|--|--|---|--|
| 5  | Positive.2.U<br>C-3-2, Lorong Bayan Indah 3 Bay Avenue, 11900 Bayan Lepas  | (O) 04-643 5067<br>(F) 04-646 5067<br>(E) p2u@positive2u.com,<br><a href="mailto:p2upositive@gmail.com">p2upositive@gmail.com</a><br>(W)www.positive2u.com | Yeow Gaik Choo  | <ul style="list-style-type: none"> <li>•Provides counselling and therapy on mental health issues for children and adults</li> <li>•Provides assessments, trainings, and education</li> <li>•Provides psychotherapy, counseling for mental health for children and adults</li> <li>•Mon-Sat 8.30am-6.00pm</li> </ul>  |
| 6  | Penang Island Hospital<br>308 Macalister Road<br>10450 Penang  | (O) 04-228 8222 ext. 5290<br>(O) 04-228 8222 ext. 5007<br>(F) 04-226 7989<br>(E)<br>tcmei@islandhospita.com<br>(W)<br>www.islandhospital.com               | <p>Tan Chwee Yeng<br/>(ext. 5290)<br/>(Psychologist)</p> <p>Sarala Chettiar (ext. 5007)</p> <p>Speech Language Pathologist<br/>Ms. Chia Kien Eng</p> <p>Locum Psychiatrists<br/>Dr.Lau Kim Kah,<br/>Dr.Lai Fong Hwa<br/>Dr.Uma Devi</p> <p>Clinical Psychologists<br/>Ms.Tan Chwee Yeng<br/>Ms.Saralla Chettiar</p> | <ul style="list-style-type: none"> <li>•Provides counselling and therapy on mental health issues and behavioral difficulties for children and adults.</li> <li>•Provides neuropsychological screening, assessments for children with emotional and behavioral difficulties</li> <li>•Call Staff Nurse Yeoh for appointment to be made with speech language pathologists and psychologists.</li> <li>•Provides counselling and therapy for children and adult (specifically for paediatric/child patients)</li> <li>•Speech language therapy</li> <li>•Counseling and psychotherapy services</li> <li>•Tue 10.00am-6.00pm, Thurs 2.00pm-6.00pm</li> </ul> |
| 7  | Gleneagles Medical Centre<br>1, Jalan Pangkor 10050 Penang   | (O) 04-2229111<br>(F) 04-2229077<br>(W)<br>www.gleneaglespenang.com  | <p>Psychiatrist<br/>Dr. Zsmani Shafiee<br/>(ext 157)</p> <p>Developmental Psychologist</p> <p>Ms.Sherine Sevarajah</p>  | <ul style="list-style-type: none"> <li>•Counseling and psychotherapy services</li> </ul>   |
| 8  | Help 4 u Online Help   | (W) www.help4u.org.my  |   | <ul style="list-style-type: none"> <li>•For students and young adults (age 13-25)</li> </ul>   |
| 9  | Hospital Bukit Mertajam<br>Jalan Kulim, 14000 Bukit Mertajam   | 04-5497333   | <p>Psychiatrists<br/>Dr.Yushada<br/>Dr.Letchumi<br/>Dr.Firdaus (O)</p>  | <ul style="list-style-type: none"> <li>• Psychotherapy services</li> </ul>   |
| 10 | Pusat Remaja Kafe @ Teen Jalan Burmah<br>Pejabat LPPKN Pulau Pinang<br>No.245, Jalan Burmah,<br>Peti Surat 737,<br>10790 Pulau Pinang. | (O) 04-2260627<br>(F) 04-2260049   |   | <ul style="list-style-type: none"> <li>•For Counseling, personality test, teenage</li> <li>•Mon-Fri 8.00am-5.00pm</li> <li>•13 year old-24 year old FOC</li> <li>•Call to make appointment or walk-in</li> </ul>   |
| 11 | Lam Wah Ee Hospital<br>141, Jalan Tan Sri The Ewe Lim, 11600 Penang  | (O) 04-6528997<br>(O) 04-6528888<br>(F) 04-6570940<br>(E) <a href="mailto:msw@hlwe.com">msw@hlwe.com</a><br>(E) soosb@hlwe.com                             | <p>Psychiatrist<br/>Dato'Dr.Tan Chee Khuan</p> <p>Clinical Psychologist</p>   | <ul style="list-style-type: none"> <li>• Counseling and psychotherapy services</li> <li>• Counselling service is Free of charge</li> <li>• Mon-Fri 8.30am-5.00pm, Sat 8.30am-1.00pm</li> <li>• Psychotherapy services (children &amp; adults)</li> </ul>   |

|    |  |  |  |   |
|----|--|--|--|---|
|    |  |  | Ms.Soo Siew Bee'   | <ul style="list-style-type: none"> <li>• Mon-Fri 9.00am-6.00pm, 2<sup>nd</sup>, 4<sup>th</sup>, &amp; 5<sup>th</sup> Sat 9.30am-5.30pm</li> <li>• First time (approx.. 2 hour) &amp; follow up</li> <li>• Fee around RM200</li> </ul>   |
| 12 | Ong Specialist & Counseling Centre<br>No.8, Ground Floor,<br>Bandar Sri Pinang,<br>Lebuh Sg Pinang 1, 11600 Jelutong<br>Pulau Pinang   | (O) 04-2822237<br>(O) 04-2838178<br>(W) www.mindmedic.org  | Psychiatrist<br>Dr.Ong Beng Keat   | <ul style="list-style-type: none"> <li>• Psychotherapy services</li> <li>• Counseling services</li> <li>• Tues-Sat 10.00am-5.00pm</li> <li>• Counselling services: 1hour around RM180-RM200</li> </ul>  |
| 13 | Pacific Speech Therapy<br>15, Jalan Besi, Island Park,<br>11600 Penang<br><br>Butterworth Branch:<br>97, Ground Floor,<br>Jalan Raja Uda,<br>Pusat Peniagaan Raja Uda,<br>12300, Butterworth, Penang | (O) 04-6587098<br>(E)<br><a href="mailto:pacificspeechnx@hotmail.com">pacificspeechnx@hotmail.com</a><br>(W)www.pacificspeechnx.com.my                     | Oh Bie Lim (Director)  | <ul style="list-style-type: none"> <li>• Speech therapy and various educational activities for children with special needs</li> <li>• One Stop Centre, counselling, and kindergarden.</li> <li>• Mon-Sun 9.00am-5.00pm</li> <li>• Counseling service need to appointment by call or walk-in, RM50-RM95 per hour.</li> </ul> |
| 14 | Positive.2.U<br>C-3-2, Lorong Bayan Indah 3 Bay<br>Avenue, 11900 Bayan Lepas   | (O) 04-643 5067<br>(F) 04-646 5067<br>(E) p2u@positive2u.com,<br><a href="mailto:p2upositive@gmail.com">p2upositive@gmail.com</a><br>(W)www.positive2u.com | Yeow Gaik Choo   | <ul style="list-style-type: none"> <li>•Provides counselling and therapy on mental health issues for children and adults</li> <li>•Provides assessments, trainings, and education</li> <li>•Provides psychotherapy, counseling for mental health for children and adults</li> <li>•Mon-Sat 8.30am-6.00pm</li> </ul>         |
| 15 | Unit Pemulihan Hospital Pulau Pinang<br>Jalan Residensi, 10990 Penang  | (O) 04-2225192/5195<br>(Psychiatrists&Psychologists)<br>(F) 04-2281737<br>(E)klinik102@gmail.com   | Psychiatrists<br>Dr.Lai Fong Hwa<br>Dr.Chan Yee Fai<br>Dr.Nor Hayati<br>Dr.Yusni<br>Dr.Saminah<br><br>Clinical Psychologists<br>Tan Chwee Yeng<br>Saralla Chettiar | <ul style="list-style-type: none"> <li>• Speech Language therapy</li> <li>• Physiotherapy and treatment in the aspect of mental and social</li> <li>• Need referral letter from General Hospital</li> <li>• Mon-Fri 8.30am-5.00pm</li> </ul>  |
| 16 | Unit Pemulihan Hospital Seberang Jaya<br>Jalan Tun Hussein Onn, Seberang Jaya,<br>13700 Penang   | (O) 04-3827351 (OT Dept)<br>(O) 04-3827167 (PT Dept)<br>(F) 04- 3970754<br>(E) sj_tng@ppg.moh.gov  | Yufaizail  | <ul style="list-style-type: none"> <li>• Physiotherapy and treatment in the aspect of mental and social</li> <li>• Speech Language therapy</li> <li>• Need referral letter from General Hospital</li> <li>• Mon-Fri 8.30am-5.00pm</li> </ul>  |
| 17 | SEED Training & Counselling Centre<br>52, First Floor,<br>Jalan Limau Manis 3,<br>Taman Limau Manis,<br>14000, Bukit Tengah, Penang.   | (O) 012-4012207<br>(F) 012-498 2192<br>(W) <a href="http://www.u-doudou.com">www.u-doudou.com</a><br>(F) 04- 5934015<br>(E)<br>seedlifefskills@hotmail.com | Alice Lee  | <ul style="list-style-type: none"> <li>• Mon-Sun 9.00am-6.00pm</li> <li>• all to make appointment Online booking</li> <li>• counselling, training, and neuroses reflect training.</li> <li>• Counselling assessment RM250</li> </ul>  |

**OTHER COUNSELLING SERVICES OUTSIDE PENANG**

| No | Counselling Services   | Tel/Fax   | Contact Person                        | Remarks   |
|----|--|---|---------------------------------------|---|
| 1  | <p>Befrienders Penang</p> <p>Befrienders Ipoh</p> <p>Befrienders Johor Bahru</p> <p>Befrienders Muar</p> <p>Befrienders Kota Kinabalu</p> <p>Befrienders Kuala Lumpur<br/>95, Jalan Templer, Petaling Jaya, 46006. Selangor, Malaysia.</p> <p>Befrienders Malacca<br/>364k, Jalan Low Hee Kong, Ujong Pasir, Melaka, 75050, Malaysia.</p> <p>Befrienders Seremban<br/>171, Tingkat 2, Jalan Dato' Bandar Tanggal Seremban, 70000, Negeri Seremban, Malaysia.</p> | <p>Hotline: 04-2815161/1108<br/>(E)<a href="mailto:pat@befpen.org">pat@befpen.org</a><br/>(E)<a href="mailto:befpen@tm.net.my">befpen@tm.net.my</a><br/>(W)www.befpen.org</p> <p>Hotline: 05-547711</p> <p>Hotline: 07-331 2300<br/>(E)<a href="mailto:teresayeo@gmail.com">teresayeo@gmail.com</a></p> <p>Hotline: 06-9520313<br/>(E)ananda8899@gmail.com</p> <p>Hotline: 088-255 788</p> <p>Hotline: 03- 7956 144/45</p> <p>Hotline: 06-284 2500<br/>(E)<a href="mailto:yivienchia_bfmcca@yahoo.com">yivienchia_bfmcca@yahoo.com</a></p> <p>Hotline: 06-765 3588<br/>Hotline: 06-7653589<br/>SMS/CALL:012-2472580<br/>(E)clotchee@hotmail.com</p> |                                       | <ul style="list-style-type: none"> <li>•provides emotional support for people who are in distress, despair, and suicidal.</li> <li>• Mon-Fri 3.00pm-12.00am</li> <li>•Sat&amp;Sun 5.00pm-11.00pm</li> </ul> <p>Hotline: 8.00pm-11.00pm daily</p> <p>Hotline: 7.00pm-10.00pm</p>                                       |
| 2  | <p>All Women's Action Society (AWAM)<br/>85 Jalan 21/1, Sea Park<br/>46300 Petaling Jaya, Selangor</p>   | <p>(O) 03-7877 4221/0224<br/>(F) 03-7874 3312<br/>(E) awam@awam.org.my<br/>(W) www.awam.org.my</p>  | Emily                                 | <ul style="list-style-type: none"> <li>•Counselling, legal information for domestic violence and sexual violence cases Counseling available by appointment only</li> <li>•Organize workshops and campaign for gender quality</li> <li>• Mon-Sat 10.00am-4.30pm.</li> <li>• Telenita Helpline : 03-78770224</li> </ul> |
| 3  | <p>Sabah Women Action Resource Group (SAWO)<br/>Lot 23, 3rd Floor Block C<br/>Damai Point<br/>88300 Kota Kinabalu<br/>Sabah</p>  | <p>(O/F) 088-269 291<br/>Helpline: 088-280 200<br/>(E) sawo.women@yahoo.com<br/>(W) www.sawo.org.my</p>   | Winnie Yee<br>(President)             | <ul style="list-style-type: none"> <li>•Provides counselling and legal advice for women in crisis.</li> <li>•Provide play therapy for children</li> <li>•Mon-Fri: 9:00am-2.00pm</li> </ul>  |
| 4  | <p>Malaysia AIDS Council<br/>12, Jalan 13/48A<br/>The Boulevard Shop Office<br/>Off Jalan Sentul<br/>51000 Kuala Lumpur</p>  | <p>(O) 03-4047 4222<br/>(F) 03-4047 4210<br/>(E) contactus@mac.org.my<br/>(W) <a href="http://www.mac.org.my">www.mac.org.my</a></p>  | Mr. Bakhtiar<br>Talhah<br>(President) | <ul style="list-style-type: none"> <li>•Helpline counselling for HIV/AIDS, shelter home, advocacy, education and training on HIV/AIDS</li> <li>• Mon-Fri 8.30am-5.30pm</li> </ul>   |
| 5  | <p>Perak Women for Women [PWW]<br/>52, Jalan Sultan Azlan Shah</p>   | <p>(O) 05-546 9715<br/>(F) ) 05-5415 721</p>  | Mabel Wong<br>(President)             | <ul style="list-style-type: none"> <li>• Providing counselling, temporary shelter, and legal advice</li> </ul>  |

|   |  |   |   |  |
|---|--|---|---|--|
|   | 31400 Ipoh   | (E) perakwomenfor<br>women@gmail.com<br>(W) www.ppw.org.my  | Ms. Siew Keen<br>(Secretary)                | <ul style="list-style-type: none"> <li>Organize workshops and activities for women's right</li> </ul>  |
| 6 | Sarawak Women for Women Society (SWWS)<br>1610, Tingkat 2 Jalan Rock<br>93712 Kuching Sarawak    | (O/F) 082-416 053<br>(Hotline) 082-422 660<br>(E) sarswws@gmail.com   | Margaret Bedus<br>(President)               | <ul style="list-style-type: none"> <li>Provides counseling, drop-in-centre, legal &amp; advocacy, training</li> </ul>  |
| 7 | Sisters in Islam<br>4, Lorong 11-8E,<br>46200 Petaling Jaya<br>Selangor                          | (O) 03-7960 33359/5121/6733<br>(Hotline) 03-7960 8802<br>(F) 03-7960 8737<br>(E) sistersinislam@pd.jaring.my<br>(W) www.sistersinislam.org.my | Ratna Osman<br>(Exec. Director)             | <ul style="list-style-type: none"> <li>Counseling on Syariah legal advice,</li> <li>Undertake research and advocacy work for Muslim women's right.</li> <li>Tue-Thurs 10am-5pm</li> </ul>  |
| 8 | Women's Aid Organisation of Malaysia (WAO)<br>P. O. Box 493, Jalan Sultan<br>46760 Petaling Jaya | (O) 03-7956 3488<br>(F) 03-7956 3237<br>(E) womensaidorg@gmail.com<br>(W) www.wao.org.my  | Ms. Sumitra Visvanathan<br>(Exec. Director) | <ul style="list-style-type: none"> <li>Provide shelter, counselling and child care centre for domestic violence survivors.</li> <li>Undertake research &amp; advocacy on women's rights.</li> <li>WAO Helpline : 03-79563488</li> <li>Mon-Sun 9.00am-5.00pm. Tue, Wed, Fri : 9.00am-5.00pm &amp; 7.00pm-10.00pm</li> </ul> |