

OLD FOLKS HOME IN PENANG

No	Old Folks Home	Tel/Fax	Contact Person	Remarks
1	Bethel Home Home for the Senior Citizen & Homeless 32-A, Lebuh Cat, 10300 Penang	(O) 04-261 9092 (O) 04-264 4859 (H/P) 016-422 4526	Nancy So	<ul style="list-style-type: none"> •No age limit •Need referral (with/without family members) •Charges apply •Office hours: Mon-Sat 9.00am-5.00pm
2	IHM Sunshine Home 50, Jalan Perak 10150 Penang	(O) 04-226 7421	Madam Lim	<ul style="list-style-type: none"> •Nursing care •For elderly 50 years old and above •Must be in good condition and conscious •Short stay/when they are alone •Charges varies based on different types of room •Office hours: Mon-Fri 10.00am-5.00pm •Visiting hours: Mon-Fri 6.30am-9.00pm
3	Little Sister of the Poor 79, Lorong Batu Lanchang 11400 Air Itam, Penang	(O) 04-828 3437/829 7294 (F) 04-8280018	Mother Theresa Catherine	<ul style="list-style-type: none"> •For poor elderly 65 years old and above •Free of charge •Office hours: Mon-Fri 9.00am-5.00pm •Home: Everyday 9.00am-5.00pm
4	Naam Nursing Home 18, Pinhorn Road 11600 Penang	(O) 04-281 5248 (H/P) 012-464 5366	Selvarani/ Shobana (Admin Manager)	<ul style="list-style-type: none"> •Nurse on 24 hour duty •Monthly doctor check-up at general hospital •Charges apply
5	Penang Christian Assoc. for Relief 48, Jalan Thomas 11600 Penang	(O) 04-656 7840 (E) penangcare277@gmail.com (W) www.penangcare.yolasite.com	Mr. Leong	<ul style="list-style-type: none"> •Day care centre for elderly 60 and above •Provide counseling for mental health sufferers •Conduct activities for them •Provide meals •RM 30/day •Mon-Fri 9.00am-5.00pm (exclude public holidays)
6	Rumah Charis Lot 29, Mukim 10 Relau 11900, Bayan Lepas	(O) 04-643 8689 (F) 04-641 1219 (E) relaurc@gmail.com (W) www.rumahcharis.org	Janet Teo	<ul style="list-style-type: none"> •Home for Chinese senior citizens above 60 years old, independent and self-caring, free of charge •Mon-Sat 9.00am-12.00pm, 2.00-5.00pm, Sunday 2.00pm-5.00pm
7	Rumah Orang Tua Mahindarama Sarana 2, Kampar Road 10460 Penang	(O) 04-282 5944	Lily	<ul style="list-style-type: none"> •24-hour service for poor and homeless
8	Rumah Orang Tua Uzur Penang 409, Jalan Masjid Negeri 11600 Penang	(O) 04-658 2457 (F) 04-658 2148 (E) info@thepenanghome.org.my (W) www.thepenanghome.org.my	H'ng (Administator) Mr Tan (PIC)	<ul style="list-style-type: none"> •For elderly 60 years old and above (Penang residents only) with/without family members – homeless, single, healthy •Have to register, interview, background check, medical check •Referral letter not necessary •Mon-Fri 9am-5pm, Sat 9.00am-1.00pm. •Free of Charge
9	Rumah Sejahtera Permatang	(O) 04-588 7080	Tan Yong Seng	<ul style="list-style-type: none"> •For single, elderly 60 years old and

	<p>Tinggi. Jalan Besar, Permatang Tinggi 14100 Bukit Mertajam</p>	<p>(F) 04-587 2025</p>	<p>(Secretary)</p>	<p>above, healthy, and without family members (e.g. not married/ no children).</p> <ul style="list-style-type: none"> •Open for Chinese & Indian elderly •Mon-Sun 9.00am-5.00pm, free of charge
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